

INDICATORS OF ABUSE

PHYSICAL / MEDICAL

- 1 Sleep difficulties - insomnia, nightmares, sleep-walking, fear of the dark.
- 2 Physical abuse - bruises, scratches, bite marks.
- 3 Depression - low mood, self harm, suicide attempts.
- 4 Eating or feeding changes or difficulties.
- 5 Difficulty in walking or sitting.
- 6 Recurring urinary tract infections.
- 7 Vaginal infections or genital damage.
- 8 Itching and / or soreness.
- 9 Vague aches and pains.
- 10 Bedwetting and soiling.
- 11 Sexually transmitted diseases.
- 12 Pregnancy - particularly with reluctance to name the father.
- 13 Dirty / unkempt.

BEHAVIOURAL

- 14 Fear of particular individual.
- 15 "Frozen watchfulness".
16. Flinching.
17. Withdraws from social relationships - lack of trust in adults, poor peer relationships, unable or disinclined to make friends, feeling of difference.
18. Running away.
19. Pseudomature behaviour.
20. Blurred generational lines.

21. Sudden school problems - truanting, poor concentration, falling standards, arriving early, leaving late, increasing isolation.
22. Low self esteem, poor sense of self and low expectation of others.
23. Offending behaviour - non sexual - sexual.
24. Drug, alcohol or solvent abuse.
25. Early, inappropriate sexualisation - display of knowledge beyond child's years, sexual drawing and acting out, seductive or provocative behaviour, compulsive masturbation, (especially in public).
26. General obsessiveness - fears, phobias, compulsive behaviour, e.g. washing.
27. Changes in personality / mood swings - anxious, nervous, aggressive, disruptive behaviour.
28. Regressive behaviour - e.g. clinging.
29. Overly compliant behaviour.
30. General anger / rage towards anyone / everyone which cannot be explained.
31. Prostitution.
32. Vulnerability to sexual exploitation.
33. Revulsion toward sex or close physical contact.
34. Cruelty toward others - bullying.
35. Cruelty toward animals.
36. Arson.
37. General destructive behaviour.
38. Child is more private / secretive than children of a similar age, e.g. will not undress in front of anyone or use communal changing or washing areas.

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