

Change and be happy. We believe in a society free from problem alcohol and drug use.

Swanswell Alcohol and drug recovery service

Think about it in my life. Think you. Vital part of my recovery. Great
Guidance and support Great
 Best thing is having a good drug worker. Keep going
 Connect with me. Motivate me. Second to none.
Vital part of my recovery Change
 Bright future. Connect with me. Second to none.
 Motivate me. **Helping hand** Bright future. Supportive
 Thank you. I will always remember your kindness.
 Going the extra mile. **Can't praise my worker enough**
 Helping hand. Supportive. Change. Owe so much to you. Great
Second to none Great
 Change. Treatment has been amazing. Great
Break through in my life Encourage
 Encourage. Break through in my life. Always there. Going the extra mile
 Keep going. Supportive. Motivate me. Helping hand. Encourage
Going the extra mile Great
 Supportive. Can't praise my worker enough. Treatment has been amazing.
Great Supportive Thank you
 Second to none. I feel like someone cares. Always there. Above the
Encourage Change. Helping hand. Motivate me
 Owe so much to you. Connect with me. Great
Always there Bright future
 I feel like someone cares. Supportive. Guidance and support

alcohol

drugs

need a change?

get

information




For more information
 Please contact us.
 Call: Worcester – 01905 721 020
 Kidderminster - 01562 510 330
 Redditch - 01527 406 920
 Evesham - 01386 423 407
 Email: worcesadmin@swanswell.org

Visit our website www.swanswell.org
 Like our Facebook page [SwanswellUK](https://www.facebook.com/SwanswellUK)
 Follow us on Twitter [@swanswell](https://twitter.com/swanswell)

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swanswell

Delivering services as part of
 Worcestershire Recovery Partnership

Are you worried about your own or someone else's alcohol and/or drug use? Swanswell can offer free, confidential help.

We know alcohol and/or drug use can quickly move from being an enjoyable activity to something that can damage your health and happiness. It can also affect friends, family and the local community.

We understand people need different support to change. If you want help with cutting down, giving up, staying safe, or are concerned about someone else, we can offer you help and advice.

We'll support you on a one-to-one or group basis and decide together how to help you.

We can provide medical support directly or in partnership with your GP.



get advice

Getting started

Please contact us and we'll help you decide what you need to do and what support you may need to do this.

Where to find us

We work from community locations and GP surgeries across Worestershire, so coming to see us is as convenient as possible. We're available Monday to Friday 9am – 5pm. We offer evening appointments, or you can come along to one of our drop-in sessions.

To find out our drop-in times or to make an appointment, contact us using the details over the page, or ask a friend or your GP to contact us for you.

Confidentiality

Swanswell respects your right to privacy. When you have your first meeting with a Swanswell worker, they will explain to you how we keep things confidential.

Who we help

We can work with you if you want to change your alcohol and/or drug use, and live in Worestershire.

Further support from Swanswell

This could involve:

- drug and/or alcohol treatment
- access to substitute prescribing/anti-craving medication
- access to community/inpatient detoxification
- harm reduction advice/needle syringe programme
- referral for residential rehabilitation
- healthcare advice and information
- access to information on housing, employment, training and benefits
- service user/peer mentor groups you may find it helpful to attend
- individual peer support
- access to sexual health screening and testing
- structured group work
- carers and families group
- drop-in clinics
- contact with other agencies who may be able to offer services you need



need a



change



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