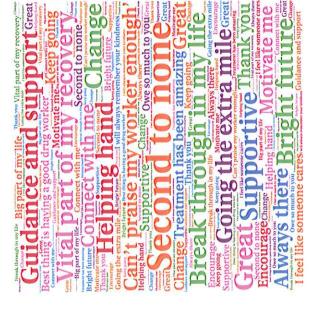
problem alcohol and drug use. believe in a society free from Change and be happy. We



information



Hilton House, Suite 5 Rugby, Warwickshire www.swanswell.org Corporation Street T. 01788 559 400 F. 01788 559 419 Head Office CV21 2DN Swanswell

> Call: Worcester - 01905 721 020 Kidderminster - 01562 510 330

For more information Please contact us. Redditch - 01527 406 920 Evesham - 01386 423 407 Registered charity number: 1074891

Email: worcsadmin@swanswell.org

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Alcohol and drug recovery service Swanswell













Delivering services as part of Worcestershire Recovery Partnership

Are you worried about your own or someone else's alcohol and/or drug use? Swanswell can offer free, confidential help.

We know alcohol and/or drug use can quickly move from being an enjoyable activity to something that can damage your health and happiness. It can also affect friends, family and the local community.

We understand people need different support to change. If you want help with cutting down, giving up, staying safe, or are concerned about someone else, we can offer you help and advice

We'll support you on a one-to-one or group basis and decide together how to help you. We can provide medical support directly or in partnership with your GP.







## Getting started

Please contact us and we'll help you decide what you need to do and what support you may need to do this.

## Where to find us

We work from community locations and GP surgeries across Worcestershire, so coming to see us is as convenient as possible. We're available Monday to Friday 9am – 5pm. We offer evening appointments, or you can come along to one of our drop-in sessions.

To find out our drop-in times or to make an appointment, contact us using the details over the page, or ask a friend or your GP to contact us for you.

## Confidentiality

Swanswell respects your right to privacy. When you have your first meeting with a Swanswell worker, they will explain to you how we keep things confidential.



get advice

We can work with you if you want to change your alcohol and/or drug use, and live in Worcestershire.

## Further support from Swanswell This could involve:

- drug and/or alcohol treatment
- access to substitute prescribing, anti-craving medication
- access to community/inpatient detoxification
- harm reduction advice/needle syringe programme
- referral for residential rehabilitation
- healthcare advice and information
- employment, training and benefits
- service user/peer mentor groups you may find it helpful to attend
- individual peer support
- access to sexual health screening and testing
- structured group work
- carers and families group
- drop-in clinics
- contact with other agencies who may be able to offer services you need